

# CHANGING BAG CHECKLIST

## BABY THINGS

- diapers
- wipes
- diaper rash cream
- changing pad
- muslin cloths
- spare clothes
- bibs
- bottle/drinking cup
- vegetable/fruit purees
- snacks
- toys



## BIG BROTHER/SISTER THINGS

- snacks
- spare clothes
- entertainment/toys
- books
- bottle of water

PLENTY!

by

**BABY**   
**matters** .COM

## MOMMY/DADDY THINGS

- snacks
- spare clothes
- nursing pads
- contents of your handbag
- bottle of water
- hand gel

A LITTLE ACCIDENT  
HAPPENS FAST!

## SEASONAL ITEMS

- sun hat
- sunscreen
- swim diaper
- hat
- mittens

